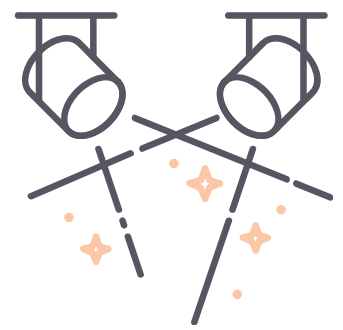


INCLUSIVE | MAT IN THE SPOTLIGHT



16TH OCTOBER 2020

WELCOME

I am always stunned by the thoughtfulness, community mindedness and generosity of the children, parents and staff across our Trust. This newsletter really exemplifies the creative ways in which our schools celebrate and promote mental health, wellbeing and physical health. It is a particularly challenging time for many families across Watford and across the country as a whole, so the work undertaken to raise much needed funds and awareness through the Young Minds #hellowyellow campaign and the London Mini Marathon, shows what fantastic citizens we have at our schools. If you are in a position to support our friends at the Watford Salvation Army in providing a toy for every vulnerable child, then please follow the link on the next page. A number of children from across our Trust will directly benefit from this wonderful initiative.

James Roach
@CEOInclusiveMAT

TWEET OF THE WEEK

It was lovely to see @YoungMinds retweet this picture of Olive Class, at Beechfield, pulling lots of silly faces in support of #hellowyellow day.

They certainly made us all smile.



#HELLOYELLOW

On Friday 9th October all three schools across the Trust joined thousands of schools, offices and community groups to support Young Minds, #hellowyellow campaign.

The #hellowyellow campaign raises awareness and vital funding to support children and young people through difficult times and supports their mental health and well-being.

All three schools took part, wearing yellow and engaging in lots of fun activities.





MARATHON SUCCESS

Congratulations to every child across the Trust on completing the Virgin London Mini Marathon. Across the week children from all schools ran the 2.6 miles, and will receive a medal for their efforts.

A huge congratulations to Cherry Tree Headteacher, Miss Tyler, for completing the Virgin Virtual London Marathon, 26.2 miles, on Sunday 4th October.

"The run was fantastic. I ran through the streets of London, joined by various friends, colleagues and children at different stages. Despite the pouring rain (all day!!), the support kept me going. I loved it! I'm over the moon to have raised £4000. A third of the money will go to Blue Smile, a small children's mental health charity based in Cambridgeshire. The rest will go towards places on the Mini Mermaid and Young Triton courses which inspire children to understand the benefits of running and leads them through a termly programme covering nutrition, mental strength, physiology and ends in training for and completing a 5km run." said Miss Tyler.

As part of Miss Tyler's involvement in the Marathon, ITV News visited Cherry Tree to film footage of the children completing their daily miles, this was aired on Thursday 15th October and can be viewed again on the school website and twitter page.

WATFORD SALVATION ARMY CHRISTMAS PRESENT APPEAL

Watford Salvation Army are seeking help from the local community to ensure that every vulnerable child in Watford has a present to open on Christmas morning.

As coronavirus places extra stress on so many of us, the Watford Salvation Army will be working extra hard to spread even more festive joy.

To make your lives simpler, the Watford Salvation Army have created brand new Amazon Christmas Present Appeal Wish Lists. You will be able to quickly and easily donate toys and gifts that local children will love. They will then be shipped to the Watford Salvation Army with no fuss at all. There is even a wish list full of wrapping paper and gift tags. You can choose to add a personal Christmas message too!

If you prefer to give through supermarket collection trolleys - these will open nearer to the big day.

2020 has been a difficult year and every child deserves to end it with a happy Christmas.

Please help Watford Salvation Army to make that dream come true. Click here to access the [donation page](#).



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You can also find out more about what's happening in your child's classroom by following the class teacher on Twitter.

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